

Come, Follow Me

Highland 28th Ward
Sunday School
April 2020

Home Study Resource



The Gospel Living app is now available through the [Apple App Store](#) and the [Google Play Store](#).

“Properly used, technology can help you live in a noisy, distracting and consuming world,” Elder Gerritt W. Gong said during a [Face to Face last November](#). “Designed especially for you, the Gospel Living app can give you a safe place to focus on what really matters.”

The five main features of the new app:

Discover - The Discover feed is updated regularly with inspiring articles, videos, audio, and images. It will include links to current *Come, Follow Me* lessons to support your gospel study. And you can explore ideas for service and activities as well as personal development.

The New Gospel Living App

Today - The Today feature shows what you would like to work on as well as your upcoming activities. You can create new activities, see your reminders, and check your progress on your goals.

New Entry - Write your thoughts and impressions, save your photos, and create and set reminders for your goals.

My Life - The My Life feature is a dashboard for your content within the app. You can see and organize your thoughts and impressions, photos, and goals all in one place.

Circles - The Circles feature connects you with family, classes, quorums, and others who serve with you in the Church. You can have conversations about what you’re learning, share progress, and encourage and support each other.

Home Study Ideas



Our family is a fun one. We have 4 daughters ranging in ages of 10-17. So, this can create a little bit of a challenge in having an effective family study. We have primary age girls who seem to still believe everything you teach them, then teenage girls who tend not to believe anything you teach them.

Food seems to be the best way to get all of them to listen during family study time. We find that just after church when they can get a snack, lunch or other, they seem better able to listen and think.

The Come Follow Me is great because it reiterates what was taught in church. Our girls are able to bring what they learned from church into our home study. The Book of Mormon videos are great as well. My girls have even liked those old videos we used to use when in seminary, all of which can be found on the gospel library app. For teenagers we’ve found the “Why” and “How” books by John Hilton work well because the approach is geared towards the youth.

Letting the girls speak is also so vitally important in Family study. This gives them the opportunity to learn how to share their feelings and express themselves.

Book of Mormon 2020 Home Reading Schedule

- March 30 - April 12
Easter
- April 13 - 19
Mosiah 1-3
- April 20-26
Mosiah 4-6
- April 27-May 3
Mosiah 7-10

“The Book of Mormon provides the fullest and most authoritative understanding of the Atonement of Jesus Christ to be found anywhere.”

President Russell M. Nelson

It is so amazing to listen to the questions they have!

I would have never thought this way when I was their age. These youth are so much more prepared and educated than we were.

We as parents were somewhat fearful of leading these discussions. How do we approach it? What if they don't listen? How do we prepare? What if the answers we give aren't correct?

We have noticed that as we try we are blessed with inspiration that only parents can give are girls. We know them well, and each time we do our family study we grow closer together. Most lessons start out as one topic but then quickly can turn.

Zach, Tirzah and the Allred Girls