

Come, Follow Me

Highland 28th Ward
Sunday School
January 2022

Home Study Ideas

During 2022, children, youth and adults in The Church of Jesus Christ of Latter-day Saints are encouraged to study at home the Bible's Old Testament, which predicted and prophesied of the coming of the Savior, His life and Atonement. This study will be supported in Primary, Sunday School and Seminary.

The Church has published print and digital versions of new "Come, Follow Me" manuals for individuals and families, Sunday School, Primary and Aaronic Priesthood and Young Women for the 2022 curriculum.

For digital versions of the new manuals, visit "ComeFollowMe.churchofjesuschrist.org", which includes links to all "Come, Follow Me" manuals, regularly updated media, Teaching in the Savior's Way and a helpful collection of Old Testament resources, such as:

- Old Testament Stories (for children)
- Old Testament Stories for Young Readers

Additional Resources on: <https://www.churchofjesuschrist.org/>

- Old Testament Seminary Curriculum Images (pictures & images)
- Old Testament Videos
- Gospel Art Book (Old Testament)
- Seminary Music: Old Testament

Podcasts & Video Resources:

Come Follow Up – A Gospel Study Video Series by byutv.org

On Come Follow Up, moderators Barbara Morgan Gardner and Daniel Becerra welcome a different guest every week as they take a deeper dive into the concepts and doctrines that correlate with the weekly Come, Follow Me resource.

Follow Him - A Come, Follow Me podcast by Hank Smith & John Bytheway

Join hosts Hank Smith and John Bytheway as they interview experts to make your study for The Church of Jesus Christ of Latter-day Saints' Come, Follow Me course not only enjoyable but original and educational.

Come Follow Me for Us - podcast by Melanie Wellman Stroud

A funny, inspirational, REAL podcast that correlates with the weekly Come Follow Me curriculum of The Church of Jesus Christ of Latter-day Saints. The host, Melanie Stroud, shares her thoughts about the weekly lessons and gives REAL LIFE examples showing how we can apply the scriptures to our lives every day.

Don't Miss This - podcast by Emily Freeman & David Butler

David Butler and Emily Belle Freeman sharing weekly teaching videos, study tools and other ways to gather and share ideas for home centered, gospel-focused messages on the Come Follow Me curriculum.

Old Testament Home Reading Schedule

- **Dec 27-Jan 2**
Moses 1; Abraham 3
- **Jan 3-9**
Genesis 1-2; Moses 2-3; Abraham 4-5
- **Jan 10-16**
Genesis 3-4; Moses 4-5
- **Jan 17-23**
Genesis 5; Moses 6
- **Jan 24-30**
Moses 7

"Moses' message to you today is: Don't let your guard down. Don't assume that a great revelation, some marvelous, illuminating moment, the opening of an inspired path, is the end of it. ... Once there has been illumination, beware the temptation to retreat from a good thing. If it was right when you prayed about it and trusted it and lived for it, it is right now. Don't give up when the pressure mounts. Certainly, don't give in to that being who is bent on the destruction of your happiness. Face your doubts. Master your fears. 'Cast not away therefore your confidence' [[Hebrews 10:35](#)]. Stay the course and see the beauty of life unfold for you"

Elder Jeffery R. Holland
*Of the Quorum of the
Twelve Apostles*